# NORDICSTYLE





A year has passed since we launched our last issue and what a year it has been. We've recruited some amazing people and we attended and featured all the Nordic fashion weeks. We were threatened with a lawsuit by one of the largest publishing corporations in the world, which resulted in us having to change our entire visual identity. On the personal side, my life was turned upside down because of a breakup, and too many 'moving houses' scenarios, which is kind of relevant when Nordic Style Magazine, literally is your baby - and those are just a few things that we've faced this year. I'm already in the Christmas mood, eating mandarines and listening to Christmas music, while creating a gift list for my loved ones along side finding the many gift ideas to present to you, our reader.

I cannot wait to relax in December and bake cookies with the women in my family. I will definitely try the Peppermint Crinkle Cookies in this issue, they look more than delicious.

This issue is a shorter Christmas edition with a brand new design, thanks to our talented designer Adriana. I'm very excited about the new look and believe it aligns better with our focus on Nordic design; clean and simple but with an edge. We are also designing a new and modern website that will be launched soon, so there's more excitement ahead.

In addition to Christmas gift lists and divine holiday recipes we have some beautiful fashion editorials, plus a DIY Christmas décor article and an inside look into the Christmas decorations at a renowned restaurant in Copenhagen. You will also get to know Christmas in the Faroe Islands and Sarah, our Nordic Noir writer gives her recommendations for the must read books for the holidays and so much more. Best wishes and happy holidays from the entire Nordic Style team!

Love, Soffía Theódóra Tryggvadóttir Founder and Editor-in-Chief soffia@nordicstylemag.com

## EDITOR'S WISH LIST



#### KRISTINA KROGH - 2015 LETTER-PRESS CALENDAR

This Letterpress Calendar for 2015 is beautiful as art on the wall, but also with a practical aspect.



#### LAKRIDS BY JOHAN BÜLOW -LUXURY LIQUORICE

It has become a Christmas tradition in my home to buy Johan Bülow's chocolate covered luxury liquorice for the Holidays. And this time it won't be any different.



#### JÖR BY GUÐMUNDUR JÖRUNDSSON - HOUNDSTOOTH PRINTED TURTLENECK

I want this houndstooth printed turtleneck sooo... bad! The brand Jör by Guðmundur Jörundsson is definitely one to watch.



FREYA DALSJÖ - BLUE FOX COAT

There are no words! This blue fox coat designed by Freya is simply stunning.



#### BILLI BI - BOOTS

You can never go wrong with quality shoes from Billi Bi and these are just gorgeous.



#### VIBE HARSLÖF - ANKLE BRACELET

Vibe's Harslöf is absolutely one of the coolest jewelry designer today, her pieces are so unique and beautiful that they are very difficult to resist.

### Editor in Chief/Founder Soffía Theódóra Tryggvadóttir soffia@nordicstylemag.com



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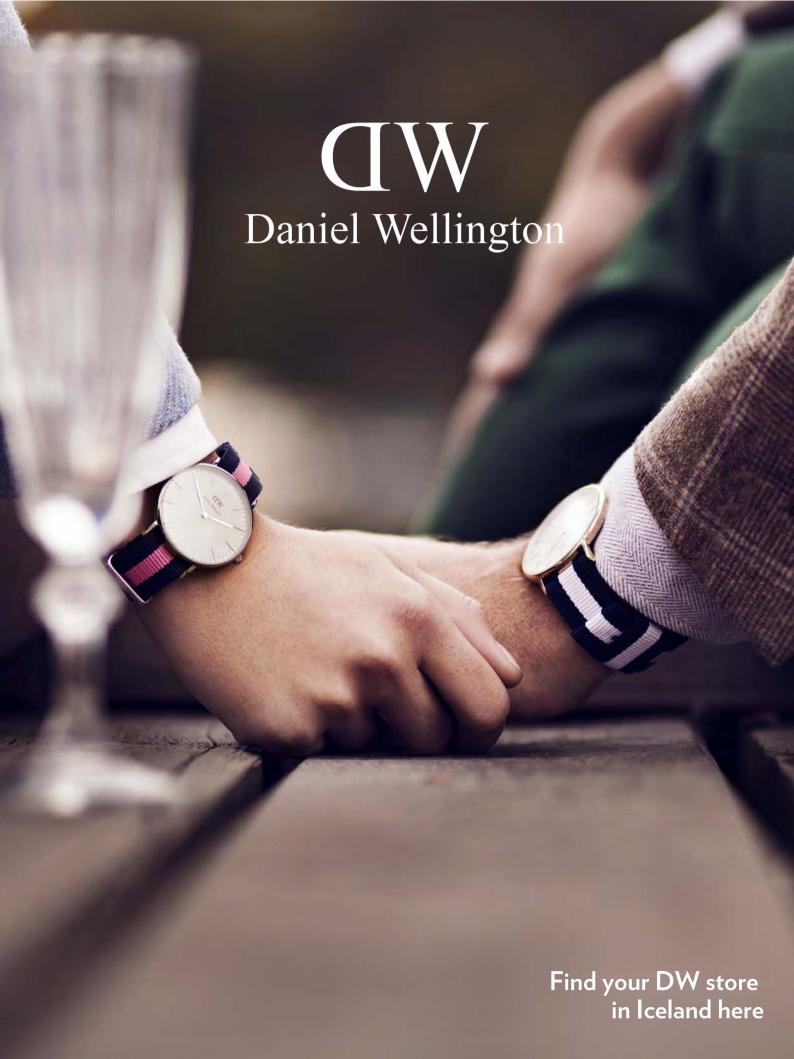
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#### NANNA VON KNORRING, WRITER

## What's your way of coping with the long dark winter of the North?

The boring answer to this question is that I take all of my daily vitamins. Other than that, I try to enjoy that it's allowed to stay in and just snuggle up!

#### What's your favorite Christmas song?

Tough one. In English I'd probably have to say Auld Lang Syne.

#### What's on the top of your wish list?

It's that my boyfriend from Sweden dares taste all the "weird" traditional Finnish Christmas food! No, but I haven't had the time to think about it just yet. Maybe some pretty jewelry.

#### What's the best thing about Christmas?

It's all the pretty lights and decorations and getting together with all of your loved ones.

What are you looking forward to next year?

Traveling and working a lot. Can't wait to see what next year will be like!

#### Which is your favorite Nordic brand and why?

Since choosing one fashion brand is way too hard for me I'll have to go with Finnish littala that makes tableware. I love their classic and user-friendly products but the design is always interesting in some way.

#### What's your favorite Nordic singer/band?

I really like Swedish singers Hurula, Veronica Maggio and Linnea Henriksson. Lucky me: I've seen them all live this year!

#### What's your favorite inspirational quote?

"You can never be overdressed or overeducated." By Oscar Wilde.

## If you could be anyone for a day, who would it be and what would you do?

I'd be a bird so I could fly anywhere myself.



#### KELSEY MATHESON, WRITER

## What's your way of coping with the long dark winter of the North?

I live in Australia...being in the middle of summer is probably the best way of coping...haha.

#### What's on the top of your wish list?

Supreme X Schott shearling jacket.

#### What's the best thing about Christmas?

Spending time with friends and family, no one has anything else to do and you can just chill.

#### What are you looking forward to next year?

Definitely getting up the mountain. I haven't been on my snowboard since 2012 and have the biggest withdrawals.

#### Which is your favorite Nordic brand and why?

Right now I am going to say Bibi Chemnitz, there is a lot of loose fit tees and heavy use of black/white, which I am into. SS15 is definitely worth a trip to Copenhagen.

## What's your favorite Nordic singer/band? Röyksopp.

What's your favorite place in the Nordic countries? So far Copenhagen, but I really want to go to Tromsö.

#### What's your favorite inspirational quote?

"Being realistic is the most common path to mediocrity." - Will Smith.

## If you could be anyone for a day, who would it be and what would you do?

An early explorer, maybe like Marco Polo or Leif Eriksson. I probably wouldn't do anything dramatically different but I have always loved to travel and think that setting foot in a country where you have not seen any photos or have any idea what you're about to encounter would be an amazing experience.



#### JENS RADERSCHADT, MARKETING ASSOCIATE

## What's your way of coping with the long dark winter of the North?

Actually, I started a tradition where we have barbeques during wintertime. Brings back summer feeling, keeps you warm, you don't need to clean the kitchen. Furthermore, it's a good excuse to step outside in the snow, wait your half-an-hour and listen to nature, watch the stars without your neighbors thinking you are crazy (beside the fact you are having BBQ).

#### What's your favorite Christmas song?

Of course "White Christmas" by WHAM! No, actually, I do not have a favorite song but more favorite sounds, which transforms me in cozy xmas-feeling-like steps in the snow, the oven working for hours, or someone complaining that it's still a long way until dinner...

#### What's on the top of your wishlist?

Simply time... I think it's – in our society – the most valuable good. Have the day off without a care about how you spend your free time, since everybody else is in the same mode.

#### What are you looking forward to next year?

Everything that will happen, as long it's not bad. Which is your favorite Nordic brand and why? I'm really into Tiger of Sweden. I like their suits as well as their sports wear, the cut and the material is great.

#### What's your favorite Nordic singer/band?

I'm really old-fashioned, when it comes to this question: Björk.

#### What's your favorite inspirational quote?

"Don't judge each day by the harvest you reap but by the seeds that you plant." - Robert Louis Stevenson.



#### ADRIANA PACHECO, DESIGNER

#### What's on the top of your wishlist?

On top of my wishlist to buy I must say it's a beautiful one hundred year old, hand-crafted violin that I've been longing for a while. What are you

#### What are you looking forward to next year?

Personally I feel that my life seems to be turning around for an even more positive turn and new and exciting things are to come. I have a lot of creative and versatile projects that I want to try with close friends that inspire me and with whom I can do deranged symbiotic exchanges. And you know, maybe they won't work out, but maybe seeing if they do will be the best adventure ever.

#### Which is your favorite Nordic brand and why?

I really admire Magnea, she is so young and has accomplished so much already, also what she is doing is quite new and refreshing, her clothes show an immense attention to details and care for innovative processes. She will be big soon enough.

#### What's your favorite Nordic singer/band?

Danish singer Kwamie Liv is so addictive; you need to check it out! Also Mammút are simply amazing and by far my favourite Nordic band. Seeing them live is quite the peculiar experience, it's so easy to be immersed and mesmerized by this contorted and exhilarating world that they create. Especially seing Katrína sing and perform, she's an unstoppable force of nature, so weird and enticing.

#### What's your favorite inspirational quote?

People should be generous, with their time, their actions and especially with their words. I truly believe in making someone smile everyday and you definetely get what you give, so my favourite quote is "kill them with kindness".

## see it simply

Photographer: Hildur Maria Valgarðsdóttir Stylists: Eva Dögg & Anna Sóley (Ampersand) Make up: Helga Hrafnsdóttir Model: Sandra - Elite Model Management Copenhagen



Body - **Ganni** Hat - **Aftur** 













Hat - Selected Femme Sweater - Won Hundred Skirt - Selected Femme Boots - Balschmidt.dk



Wool skirt - Ganni Wool sweater - Ganni Jacket - NellyHat - Aftur Boots - Balschmidt.dk



## **DRAMATIC COVER**

Be unshapely and dramatic with this season's architectural shapes. Undoubtedly chic the XXL coat still remains a favorite for the cool North.



**MONKI - KAREN COAT** 



**CARIN WESTER -BABEL COAT** 

MARIMEKKO -LOISTE COAT

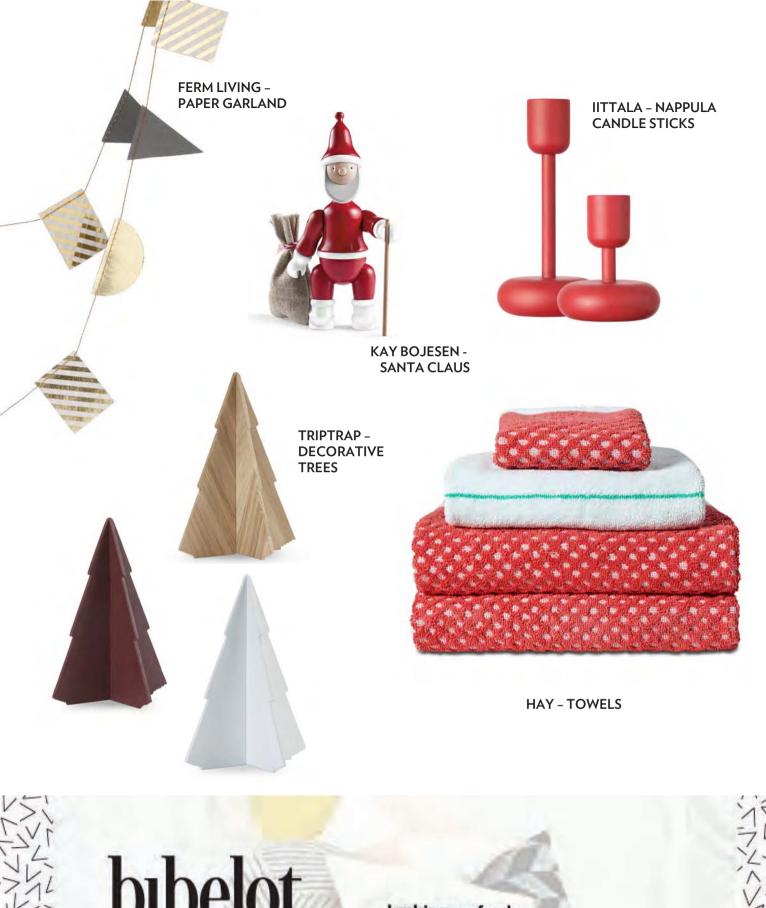


**DESIGNERS REMIX -**COPENHAGENFASHIONWEEK.COM

## HOLIDAY GIFTS FOR YOUR NEAREST











## **FOR HER**

Look no further with our special winter picks for her. Make her stand out with unique & quality pieces made for a memorable holiday.



HILDUR YEOMAN





**BILLI BI** 







**ACNE - SLIPPERS** 



DANIEL WELLINGTON

**FALL WINTER** SPRING SUMMER















H&M



**IDUN MINERALS** 

NORMANN-COPENHAGEN - FLIP MIRROR

## **FOR HIM**

Winter desires for our special men should be of unique flavor & cool new-school items. These sharp Nordic designs made our list this year.



ACNE STUDIOS – FRINGED SCARF



BLK DNM -PERFUME 11



CHEAP MONDAY – SUNGLASSES



FILIPPA K - MOHAIR COTTON ROLLER NECK



AMANDA CHRISTENSEN



**NEW BLACK** 



**HAPPY PLUGS -EARPLUGS** 

#### OILL - BIKE ABBI BACKPACK





**OLE HENRIKSEN -BODY SLEEK HYDRATING LOTION** 



**RECIPE FOR MEN -**

**BOOTS** 







TRIWA - IVORY **LANSEN CHRONO** 



## FOR YOUR KIDS

Smiles & joyous times for our loved little ones are priceless. That's why we collected some of the craftiest gifts the Nordics have to offer.















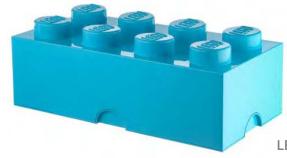


FERM LIVING -STICKERS









KAY BOJESEN

LEGO – STORAGE BOX



#### OH, YOU'RE HERE AGAIN, CHRISTMAS

For some reason I'm always surprised when you start creeping in. Even though I'm well aware that you're one of those reccurring, annual things.

I absolutely love Christmas, don't get me wrong, it's a pleasant kind of surprise. But it comes with a feeling of ambivalence. I don't know whether to be happy that there's a special occasion for when to spread and share joy with whomever I want or if I should be concerned, anxious, about finding the most amazing Christmas presents. At least better than last year's. No, this year I decided not to worry, to leave all hopeless expectations behind and just enjoy the moment. For you know what, worrying will never change the outcome.

Therefore, I chose to direct my focus on something else, something close at heart - the environment. I want this to be the year when the white Christmas got green. I wish we all could think a bit more responsibly when Christmas shopping and writing wish lists. That we choose what has been made with

care and in consideration to our planet. Shirts, socks, whatever it may be, created in recycled, sustainable materials or where our gifts have been climate compensated in other ways. You may not know it, but many of our Nordic brands have chosen to produce sustainable fashion items.

Some only an item or two, others full collections and some even define themselves as sustainable.

H&M, Filippa K, Uniforms for the Dedicated, Nudie Jeans and Knowledge Cotton Apparel, are a few green alternatives.

Remember, if you don't have a remote clue what to get your friend or mother.

Give to someone else. Donate money to charity, buy vaccine from UNICEF and do it in that person's name.

Think green, be good, do good. I wish you a wonderful Christmas!

Jonas Eriksson, Digital Editor



#### NUDIE JEANS CO. - BEANIE

To beanie or not to beanie. That's no question; I say beanies are the best. This one is made from organic cotton.



### KNOWLEDGECOTTON – OXFORD SHIRT WHITE

If you don't have one, seriously, go get one right now. I love Oxford shirts, casual yet classy. Let's give this timeless piece an upgrade called organic cotton.



CHEAP MONDAY, FILIPPA K T-SHIRT, FILIPPA K SWEATER

Basics, there's nothing better than basics. If I had to make the impossible decision to choose only one item to wear for the rest of my life, I would undoubtedly choose something simple. A basic garment that fits every occasion. These are all made in sustainable materials, the first in linen and the following two in organic cotton.

## MY GREEN WISH LIST

It can be quite a challenge to find good quality clothing, which has been made in some sort of sustainable way. I decided to help you out by giving some of my absolute favorite pieces available right now. They're all from Nordic brands, created in great materials in consideration of our planet. Let's start our new life where we make sure that what we're wearing is environmentally friendly, humane and stylish. Santa, all I want for Christmas is green.



**DEADWOOD - LEATHER JACKET** 

There's nothing cooler than a leather jacket. Oh wait, there is! Because this beauty is made from recycled and reworked leather.





## UNIFORMS FOR THE DEDICATED - ELLINGTON COAT

A warm coat is not only crucial during the cold winter months, it's also this season 'it' item. Why not get one in recycled wool?



FJÄLLRÄVEN KÅNKEN - BACKPACK

Let's add some color! I'm always on the run so this climate compensated backpack fits all my needs, my MacBook that is. Match made in heaven.



# URBAN ELECTR

Photographer: Linus Morales, Harvest agency linusmorales.se
Styling and text: Nomi Tuwel
Model: Saga Fristedt/ Unique models
Make up: Jenny Hildrin, Harvest agency jennyhildrin.com
Photographer assistant: Kamila Schneltser kamilaschneltser.se
Styling assistant: Katalin Horváth. A special thanks to Makeup Store that
provided some of their fall products for us to play with. makeupstore.se





Sweatshirt - *Bibi Chemnitz*Pants - *Bibi Chemnitz*Long cardigan - *Part Two*Short black sweater - *Filippa K*Shoes - *Filippa K*Hat - *Oh! by Copenhagen Fur* 



Dress - **Filippa K**Boots - **Apair**Earrings and ring -**Charlotte Lebeck** 



Panty - **Triumph** Top - **An ounce Copenhagen** Jacket - **Munderingskompagniet** Boots - **NLY shoes** 













HEAVY ON THE KNIT

Warm and wonderful knits return to our winter wardrobe once more, however there is nothing traditional about these sculptured shapes & knitted textures.





H&M







HOPE

APAIR

## **MASCULINE** CHIC

The classic brogues and loafers get a dominant edge with clean lines and raw Nordic design. Pair them up with your favorite winter items to get that effortless cool look.

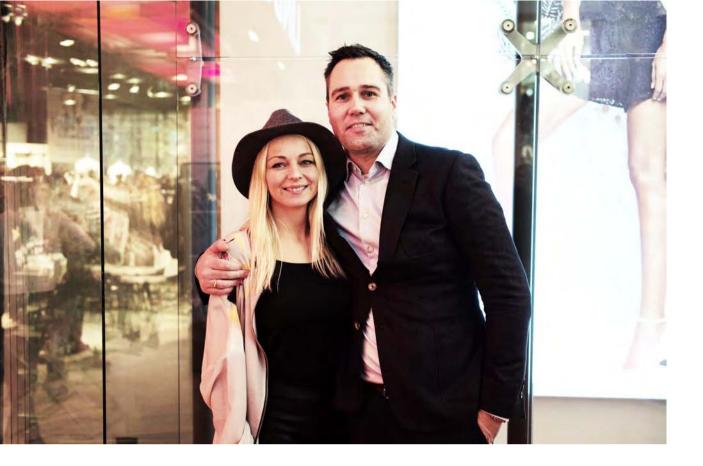


**BILLI BI** 



BY MALENE BIRGER





## "We love Christmas traditions"

#### ALBERT ÞÓR MAGNÚSSON and LÓA KRISTJÁNSDÓTTIR run Lindex in Reykjavík.

The store is hugely popular in Iceland (considering there is no H&M there) and had the biggest opening of a Lindex franchise in the history of Lindex! The married couple does an amazing job in presentation, including with all fashion people and bloggers in Iceland.

Interview: Stephan Lücke, Photo: Saga Sig

#### What is your earliest Christmas memory?

Lóa: When I was about 5 or 6 years old, I remember being so curious about what was inside the Christmas presents that I peeked in every packet.

Another memory is that there was a big snowstorm on Christmas. The electricity even went off and we had to light candles and cook the Christmas dinner on a primus.

Albert: My earliest memory was when I was around 5 and I couldn't sleep due to the anticipation of Christmas Eve the following day. I woke up to find mom packing presents on the kitchen table.

I remember the Christmas tree being really huge as I stood there, just reaching half of the way and mom whisking me back to bed so she could prepare for the coming festivities.

#### What is Christmas time like in Iceland?

Lóa: Even though it's very cold and dark, it is a very beautiful time. Everyone's happy and the people are really caring for each other. It is amazing what happens here in Iceland when Christmas is getting closer. Everyone stands together and help each other making Christmas as wonderful as possible for everyone. We are a small nation and you can really feel that on Christmas we are like a one big family. I wish it could be like that all the time. Albert: I have spent Christmas on both sides of the Atlantic and there are some things that we do differently in Iceland. For instance, we open our presents on Christmas Eve, which my friends in the States probably find peculiar. We eat a lot of traditional Icelandic food, for instance skata on the 23rd, which is basically fish that has deliberately gone bad or fermented. People say that clothes are never the same after they've been worn to a

#### Have you done all Christmas shopping?

fermented fish lunch on the 23rd.

Lóa: No, I haven't but I have started. I love giving books for Christmas and I love bookstores. I have already shopped some books. Years ago, I have bought all Christmas presents in in August and had everything decorated in October. But now I don't have as much time, so there are still some presents left. Albert starts his shopping on the 22nd.

#### How will you decorate your house?

Lóa: I like to decorate our house as much as I can. I have already started but I am far from done. We've done the usual trip to Ikea, and I love buying little

handmade Christmas decorations. My favourite store for buying those is a little store in Akureyri – except for Lindex, of course. I like having Christmas decor in every corner in the house, so the kids can play with it and create their little Christmas fairy tale whenever they want.

#### Do you have family traditions that you like to celebrate on Christmas?

Lóa: Yes, we love traditions. In December, we decorate more, listen to Christmas songs, bake pepper cakes and watch Christmas movies together. At noon on the 24th we eat rice porridge with an almond – and the one who gets the almond gets a gift. Soon after lunch we get a visit from Santa who brings a lot of noise and presents leaving the kids a little surprise. Throughout the days of Christmas we then have numerous family parties where we meet and spend some quality time together. Smoked lamb with the closest family on Christmas Day is a cherished tradition.

#### Do you have a favorite Christmas song?

Lóa: I have many favorites. I really love "White Christmas" and an Icelandic Christmas song called "Snjókorn falla". My 5-year-old always puts a smile on his face and starts dancing when he hears it.

#### Are you having special Christmas events at your store?

Lóa: Yes, we invite small groups to come after we close the store. We call it Christmas gifts evenings. Then we can give them extra good service and get to know them on a more personal level. We also have offer gifts of the day. So a lot of activities happen around Christmas time in our store – not to mention the fact that we've added three of them since last Christmas, which is going to be a new experience for us.



#### BLUE LAGOON AND LAVA RESTAURANT

A day at the Blue Lagoon and Lava Restaurant would be amazing, so Icelandic!



#### **HENDRIKKA WAAGE**

This bracelet from the Icelandic jewellery designer Hendikka Waage is just right, since I'm not very much into glamorous jewellery.





#### EYðIBÝLI BOOKS

There is always something exciting and mysterious about abandoned houses. I would love these books under the Christmas tree.

#### LÓA AND ALBERT'S WISH LIST



I would love a shirt from Stenström. The absolute best brand when it comes to shirts.



#### **HAPPY SOCKS**

Good things happen when you're wearing the right socks!





## WONDERFUL WOOD

Wooden decor pieces will breath life into your home. Branch out on raw & industrial inspired designs, creating a cool effect from simplicity.

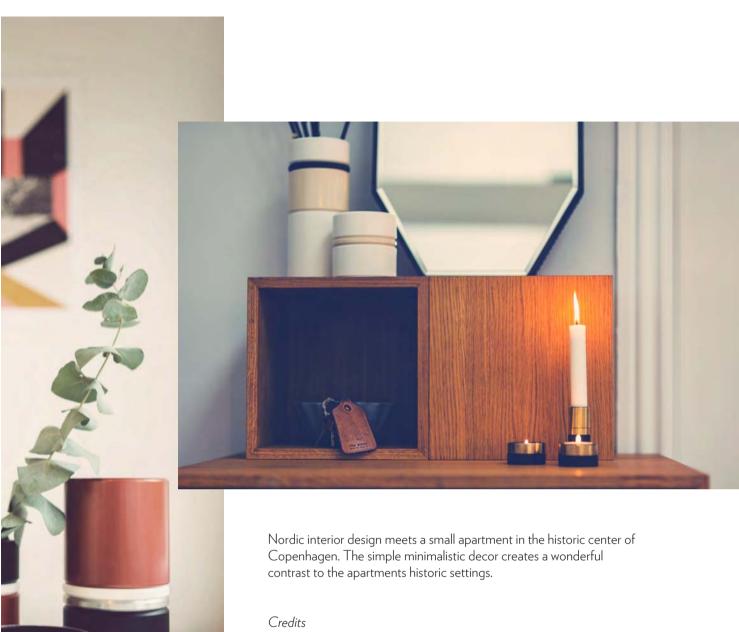












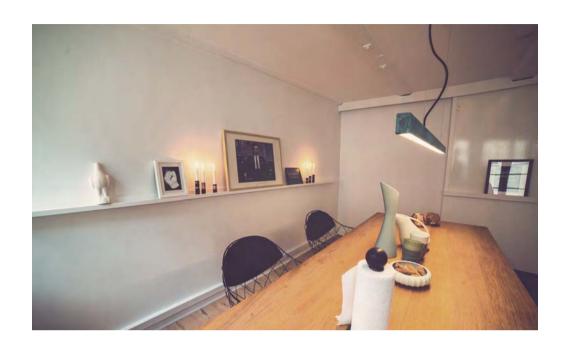
Photographer - Sigge Bjerkhof siggebjerkhof.dk Editor - Nomi Tuwel

#### Office:

Table, Frederiksberg Snedkeri; Cups used for holding pens, Ment Posters, Wonderhagen; Vases in the window, Ment Vases on the table, Lomonto; Lamp, Darø

#### Hallway

Coat stand, Römer Design; Mirror, Novel Cabinet Makers Bowl, Ment; Candlesticks & vase by Lomonto Bench, Frederiksberg Snedkeri; Pillow, SemiBasic





#### Dining room

Bench and table from Frederiksberg Snedkeri; Chairs from Magis; Pendant by Anour; Candlesticks on shelf, Lomonto; Cups, pots & bowls, Ment; Holder for paper towels, Römer Design





#### Living room:

Couch by KlipKlap; Coffee table, Frederiksberg Snedkeri Carpet by SemiBasic; Pillow, Fuss; Side tables, Jens Lyngsøe Interieur Armchair, Nevvvorks; Lamps by Ment; Blanket bySemiBasic Vases & bowls, Ment; Candlesticks, Lomonto; Tablelamp, Anour

# SHEER PERFECTION



Stunning design in all shapes, colors & forms, that's how we love our decorative pieces. These exquisite glass picks will add vibrant elegance to your home.



&TRADITION









NORMANN COPENHAGEN









IITTALA



LYNGBY PORCELÆN

### **DIY CHRISTMAS -**

#### GEOMETRIC PRISM DECOR





Idea & styling: www.Peekaboodesign.dk, Photo: Lene Nissen

The geometric figures are all over the interior space at the moment. Make some of them yourself for decoration this Christmas.

If you add some copper spray to the top you get double up on the trends right now. You can also go for the gold or brass, even silver spray would look great on top of these geometric figures. If you prefer to sparkle even more, buy some glitter and sprinkle it on while the paint is still wet.

This is an easy thing to do. The only thing it requires is for you to be very precise, no sloppiness.

#### This is what you will need:

- Paper 2 pcs. Each 23 x 23 cm. (we used a paper bag, because the color is fantastic, very light pink and the paper is thicker than normal paper but not as thick as cardboard)
- Double-sided tape
- Some beads
- A copper colored spray paint
- A needle and a thread
- A utility knife
- A metal ruler

#### This is how you do it:

When you fold this figure, you have to fold two equal pieces of paper and tape it together at the end.

Start by cutting out two equal pieces of paper  $23 \times 23$  cm. Fold one corner point to the opposite corner point. Unfold. And now you fold the two besides lying corner to the opposite lying corners, so you get a rectangle. Do the same in the other direction, so you now have a cross fold on your paper.

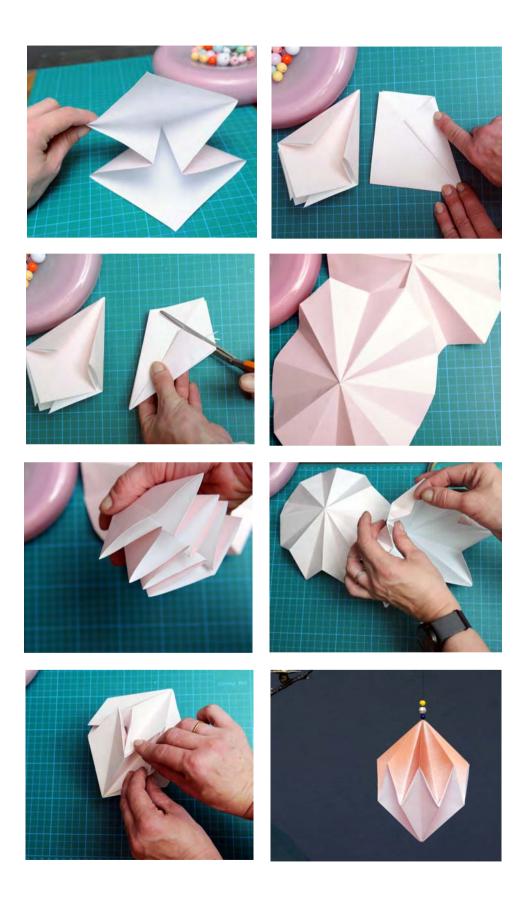
Fold the two sides inside the square, as shown in the picture. Fold each side toward the centerfold. In the open end you cut off the triangle. Unfold the paper again. Fold all the "folds" inside the small square. Now fold all the tops in the open end, towards the centerline again. Unfold the figure again.

Now fold all the small triangles in the open end, into the figure. Add small pieces of double-sided tape in the triangles on one of the figures.

Now start by adding the two pieces together. Press each fold together all the way round and your figure is finished. Now you have to add a thread at the top. Use a needle to punch two small holes.

Now you hang your prism somewhere outside or at a place with good ventilation. Cover up everything else that you don't want to be copper colored. Spray paint the top part of the prism while you spin it around.

Let it dry and add some small beads on the hanging thread to finish the prism.





MORTEN KAABER is the founder of Paper Collective. The Copenhagen based company brings together talented graphic designers, agencies, artists and illustrators to create inspirational and iconic graphic prints while promoting great causes and charities.

Interview: Stephan Lücke; Photo: Jesper Lindstrom

#### How will you spend this year's Christmas?

This year is going to be a very untraditional Christmas since I have decided to travel to Australia over the holidays with my girlfriend. When you run your own business, it is not easy to find time to travel, so Christmas suddenly became a good option for a trip. I really like Christmas though, so I am really going to miss the family times and the food this year.

#### Do you like to decorate your apartment for Christmas?

We will decorate early this year. Since we are travelling for some of the month, I think we will bring travelling for some of the month, I think we will bring a tree in no later than December 1st. Maybe we will compensate for a shorter Christmas with a lot of decoration.

#### What does Christmas mean for your business?

Christmas is of course a really busy time for us because luckily a lot of people put something nice for their walls on their wish lists. At the same time. we are preparing some new product launches before Christmas, as well as a lot of fun Christmas competition and giveaways for our followers on our social media sites.

#### What would be the perfect Christmas present for you?

We are moving into a new showroom and an office in Copenhagen this December. If that goes well, it will be a perfect present this year.

#### What is Christmas time like in Copenhagen?

Christmas in Copenhagen is characterized by short. dark days but also coziness, with the many beautiful Christmas lights and a lot of fun Christmas markets. I especially like the one at the architecture and design school where you can find a lot of inspiration and some fun Christmas gifts.

#### Have you done all Christmas shopping by now?

I have not done any at all, and I normally do it within the last few days. I actually kind of like the intensity right before a deadline.

#### Do you have a favorite Christmas song?

"Driving home for Christmas" always brings back the memory of ton of Christmas movies.

It runs on repeat when I am actually driving home for Christmas.

#### Morten's Wish List



#### **DAVID ERICSSON FOR VOID - WATCH**

Void V03D watch found at Dezeen Watch Store has great detailing and an understated graphic dial.



#### **BOOKMAN - BIKE LIGHTS**

And last but not least it is affordable: *Bookman* bike lights.

Sleek little lights that can be recharged with your cell phone through a USB port. Really need these for the dark Copenhagen winter ahead.



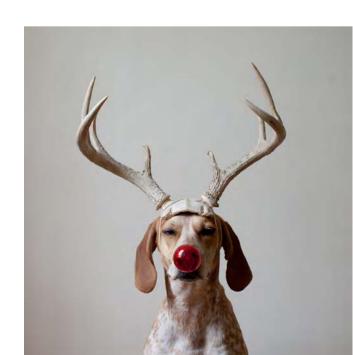
#### ANITA JOHANSEN FOR MENU - DAYBED

The new daybed in wool and wood by *Anita Johansen* for *Menu*. A beautiful and simple design that I have been waiting for somebody to put into production.

#### **THISWILDIDEA - PRINT**

Although our walls are full of prints I have my heart set on a few more things. Top of my list are prints from *Thiswildidea*.

Theron Humphrey is a US-based photographer that takes photos of his dog Maddie. Clever and beautiful photos and through his focus on dog rescue he shares our *Paper Collective* philosophy of doing something good at the same time.





## A DANISH CHRISTMAS

The world-renowned Danish restaurant "Smushi" captures the beauty of each season through its changing interior design and it's new take on the famous "smørrebrød" recipes. Nordic Style was welcomed to the restaurant and we just had to take some photos of the unique Christmas decoration, perfect for this lovely holiday. Danish traditions may influence the interior but the owner, Lo Østergaard, always adds a modern and fun touch to it. For those of you who are visiting Copenhagen during this season, make sure to grab a bite at the "Smushi". It's easy to fall in love with the decorations, while dining or just walking by. Luckily you can choose any or all to bring home, straight from the restaurant.

Photographers: Ulrik Jensen, Lene Nissen









## Nomi's Wish list

I love Christmas in Copenhagen. It is a time where the famous Danish verb "hygge" (coziness) really unfolds in the mindset of the Danes. This state of mind reflects in my wish list, combined with my personal style. Classic, well-structured clean lines meet chilled-out casual vibe. I really had a hard time narrowing my list, as there are so many cool Nordic brands booming at the moment, but here are my top 10 wishes that I hope to see under the tree. Fingers crossed.



## Option 1

#### CASHMERE SCARF - TOO GOOD TO BE BASIC

A warm scarf is a must in the Nordic countries. Choose a quality item, that is going be your best friend for months. 100% cashmere is the way to go.



#### GLASSES - LOUIS NIELSEN X JØRGEN SIMONSEN

The famous Danish couture designer, Jørgen Simonsen, has started a collaboration with the optician chain Louis Nielsen. Having the sight as a mole, I love the idea of adding a bit of sparkle, when I choose to wear glasses instead of contact lenses.



A new chunky white sweater is a must for winter. I use it when lounging at home. It can easily be dressed up with a cool watch and a bag when meeting friends.

#### **PANTS - HENRIK VIBSKOV**

I can see myself wearing these pants with a comfy sweater and a pair of heels during winter, which would be replaced with a simple tank top and flats when summer comes.

#### **SHOES - BILLI BI**

If you don't know the pumps from Billi Bi Copenhagen, you should! Every new season they come in a variety of different colors, all to die for.





#### HYDRATING FACE MASK - JULIE P

The products from this brand are so gentle that they are used to treat burn victims. Frost bites, be gone!



BAG - ADAX

Simplicity, combined with high quality leather. This bag is going to last forever.



#### SALT SCRUBS - BADEAN-STALTEN

I am kind off addicted to salt scrubs. It makes me feel clean; it stimulates blood circulation and moisturizes my skin. This package of three should meet my need for some time. Also perfect as a hostess gift.



#### WATCH - DANIEL WELLINGTON

Though the name sounds very British, the brand is actually Swedish. Everybody has one and I want to join the club.



# BASSANSTALTEN SALTERUS

#### DRESS - CLAUDIA GAMBA X MUUSE

I fell in love with the Claudia Gamba x MUUSE dress right away when I saw it in the showroom. The architectural pattern in the dress makes me think of the Empire State Building in New York, and everything Art Deco.

## ECLECTIC SELECTION

Alluring gems with a twist daring you to turn things up a notch. Opting for statement jewelry will give any classic winter look a quirky edge.



DYRBERG KERN





BY MALENE BIRGER – LENY BODY CHAIN CHOKER



MARIA BLACK – PHILO PINKY FINGER BRACELET



MONKI - SABBIA EAR CUFF



BJØRG JEWELLERY – GREY KNIGHT RING



MARIA NILSDOTTER – MONSTER RING



CORNELIA WEBB – WIRED QUADRUPLE RING



Jewelry and adornment are the oldest of human traditions dating back 100,00 years with shells and beads. Kria strives to nurture a kinship with those instincts and the mysticism surrounding them and focuses on extracting objects for ritualization.





**DRÍFA HANSEN** is a freelance opera singer and actress. She is originally from the Faroe Islands but currently lives in Berlin. Exclusively for Nordic Style Magazine, she reveals what Faroese Christmas is like and how she is getting ready for this year's holiday season.

Interview: Stephan Lücke: Photo: Dan Safier

#### What is Christmas in the Faroe Islands like?

We eat a lot. One should think, we'd been starving all year. Except for eating, Christmas time in the Faroe Islands is very family oriented, friendly, cozy and subtle. There are lots of concerts, choirs singing in the streets and there is an annual concert by the National Symphony Orchestra. Visiting friends is part of Christmas and there is an old ritual, that guests cannot leave the house without having eaten something. Until recent years, the city didn't decorate much. There would be a huge tree in front of the government building that most likely flew away in the first little storm before Christmas. Now the city has started to put in a lot of effort. There are lights and small trees all over the center and harbor of Tórshavn. They are given to people with less means the day before Christmas. Having lived in Germany for some years now, I have had friends and acquaintances asking me if I would like to celebrate with them and their families on Christmas Eve. Many German people open their doors to friends on Christmas Eve. whereas in the Faroe

Islands, Christmas Eve is the most sacred and intimate day of the year. People start preparing the food a month in advance, the finest food of the year is served and mostly it is only the core of the family who get together. But on the 26th of December which we call "Christmas the second" -, we open our houses and celebrate Christmas with friends and friends of friends; it's one of the biggest parties of the year.

#### Do you have an old Christmas memory?

My memories of a perfect Christmas go back to being a child and always spending it in Vestmannaeyjar. My mother comes from Iceland, so many of my relatives live there. When my little brothers arrived to the world, the suitcases got too heavy so my mother decided to start celebrating Christmas in the Faroe Islands. I still go to Iceland sometimes to celebrate.

#### How will you spend this year's Christmas?

I will go to the Faroe Islands and spend it with my family and relatives. I am very thankful for this, and feel very lucky that we can all gather, afford the tickets home and to take the time off to be together.

#### Does your family have any Christmas traditions?

The procedure is always the same. On Christmas Eve, our family is super stressed. But at 6 o'clock everything is ready. Mahalia Jackson is singing for us, the most amazing table is prepared and the spirit of Christmas has arrived. We always eat a coguilles de St. Jackues cocktail as a starter - which is the best food on the entire Christmas menu - then we go over to stuffed goose from the village Kaldbak and end with a homemade ice cream as dessert. We never eat fermented lamb or fish as many other Faroese people do traditionally, since my mother is from Iceland and doesn't like it. After dinner and

#### DRÍFA'S WISH LIST

opening of the presents, we go to my aunt's family to eat more dessert: Ris a la mande. There is an almond in it, and the one who has it is supposed to hide it until the end and will win a present. After dessert we play board games, until my father wins or ends the game because he is about to lose. On Christmas Day, we eat some of our own breeded sheep, and on "Christmas the second", we normally eat something nice and then go visit friends.

#### Did you already go Christmas shopping?

I did get some small presents for my Berlin friends. But no – although I planned to do it really early this year, like every year. If I manage to get them all in November, I will be very proud of myself.

#### Do you decorate for Christmas?

Indeed, I have lots of lights and try to find something that smells of Christmas. Living alone, I really know what a difference it makes to do the things around Christmas together with those you love. And when it is made right, it is a true joy. My greatest memories were decorating with my Icelandic grandfather.

#### Do you have a favourite Christmas song?

"Nóttin var sú ágæt ein" is a beautiful Icelandic Christmas song. And the "Little Drummer Boy" really gets me in the right mood.

#### What will you wear on Christmas Eve?

My Icelandic grandmother just knitted me a very beautiful white and yellow dress. I will wear it for sure.

#### Will you give classical Christmas concerts?

No, I will most probably relax this Christmas. These things could easily change, but for now I have only planned rehearsals with a guitarist called Ólavur for a festival in August next year.



Design items by Faroese artist Jórunn Høgnese



Illustrations by Heidi Andreasen



Hat by Faroese brand Steinum





# STREET STYLE

#### **Photographers**

Helsinki: Matti Keski-Kohtamäki Oslo: Nicole Maiterth Stockholm: Nanna von Knorring



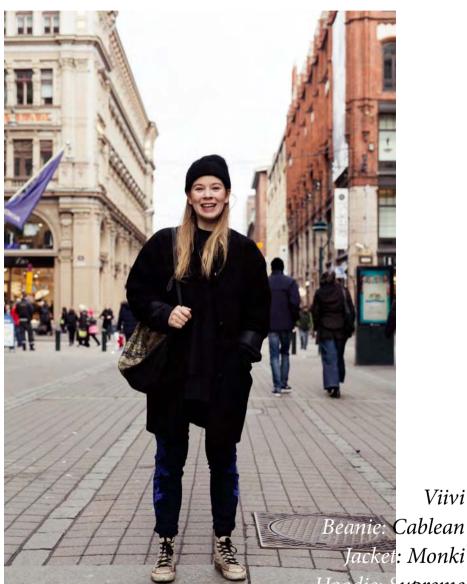


Antti

Jacket: YMC

Cap: Kitsune Pants: Berwich

Shoes: Nike



Viivi Jacket: Monki Hoodie: Supreme

Pants: H&M Shoes: Converse Bag: From India



Sanna

Hat: Marimekko

Bag: ADAX

Shoes: Geox



Ashley Jacket: Makia

Inner jacket: Uniqlo

Jeans: YD

Shoes: Vera Cualo





Shoes: Monki Scarf: Pieces



Julie

Bag: Accessorize

Shoes: Grensen Skotøy



Amanda

Shoes: Nelly

Cardigan: H&M

Bag: Vintage



Christine
Pants: Primark

Coat: Barber

Sweater: Vintage

Hat: Vintage



Julia Hat: H&M

Coat: Vintage

Shoes: Dr. Martens





Етта : Н&М

Trousers: secondhand Shoes: Dr. Martens



Anna

Coat: Marimekko

Sweater: Malene Birger Sneakers: New Balance



Peter Sweater: Secondhand

Pants and bomber: Monki

Shoes: Dr. Martens



Katten

Trousers: Twist

Bag: Delvaux

Silk scarf: Karin Wallén

Fur: Nutria



Shoes: Nike

Sweater: TopMan

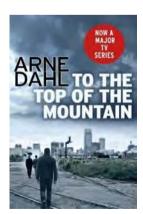
## SARAH SURGEY -SUGGESTS YOU READ FOR CHRISTMAS



Christmas is a time to be with family and friends, to eat well and enjoy the time off from work and the every day stresses. The build up to Christmas brings most adults back to their childhood of putting up decorations, lighting candles, singing carols and watching Christmas films.

But what better way, as an adult to visualize the cold, dark month of Christmas and to have a small escapism from one of the busiest months of the year than with a good book.

Sit by the fire, cuddle up in a warm blanket, have a Yuletide drink and let your mind wander with one of the Nordics greatest authors. Allow the author to wrap intrigue and suspense around this cold winter month; listen out for the clues drowned out by the Christmas choir; and be aware of the suspect lurking behind the scene of family celebration, leaving only their footprints in the snow. The white blanket across this stunning Nordic region gives misguidance to the onlooker who only sees a tranquil setting, they are without knowledge of any wrong doings which are lying stagnant below the surface. The Nordic regions are the perfect backdrops to crime thriller stories. The festivities of Christmas brings a definite juxtaposition to the reader, a combination of the most happiest time of the year running parallel alongside some of the most intense crimes which are cleverly brought to the reader by my top 4 Christmas recommendations of the year.

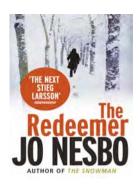


#### ARNE DAHL - TO THE TOP OF THE MOUNTAIN

We end this by looking at Arne Dahl's offering.

The book I have chosen as a 'must-read' for the Christmas period is To the Top of the Mountain. It doesn't have a Christmas theme like the others but the sheer indulgence in Nordic backdrops, family entanglements and the feeling of a build up to something which is going to happen runs through this novel, so with an open fire, Christmas candles lit and a mug of something hot to drink you can certainly enjoy the Nordic feel to a good crime thriller.

To the Top of the Mountain sees our formidable team brought back together after going off in different directions since their last assignment. They are not brought back together though by a friends wedding or a police awards ceremony, 5 dead bodies on an industrial estate is the invite and the guests have to find the party instigator. What seems to start out as a simple case turns out to be highly dangerous with many paths to cross. The team is still struggling, undercurrents, in their relationships and Arne Dahl cleverly reminds us of this and follows on the personal story lines in the background. The team members, as always, bring out the best in each other and sometimes the worst, but their worst traits are sometimes what solves the crime and we are at the end once again endeared to the characters and await with baited breath for the next installment.

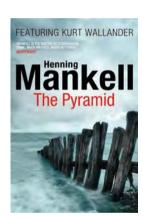


#### JO NESBO - THE REDEEMER

Undoubtedly one of the top five authors has to be Jo Nesbo. He hails from Norway where the pure essence of Christmas is to celebrate this time with friends and family and to light up the vast, sometimes solitary, landscape with candles and inviting smells from the kitchen.

Jo Nesbo has managed to bring us a novel, which cuts through the heart of a Norwegian Christmas and pierces through the voices of The Salvation Army choir trying to spread good will to busy shoppers at this manic time. The Redeemer' introduces us into this story 12 years prior at a Salvation Army summer camp when the safety and security for these carefree teenagers is shattered, a 14 year old girl has just been viciously raped. We are brought forward 12 years on a market square in Oslo at Christmas time.

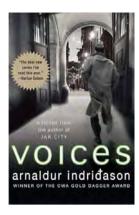
A shot rings out on a bustling Norwegian street whilst the Salvation Army choir is singing, but then one of their own members falls to the ground, dead. In steps Harry Hole, the formidable detective, picks up the scent to catch the killer. There is no motive and no witnesses, this seems the perfect crime, until the killer realizes he has just killed the wrong man. This book is fast paced and entwines different decades, motives and stories lines but still manages to keep the reader on an even keel when it comes to understanding where the story is going and where it has come from. This is not just about that one shot, that one Salvation army helper or that one act of revenge. This story brings in smaller wrongdoings behind different doors at what should be a joyous time of the year.



#### HENNING MANKELL - THE PYRAMID

This is my must have Detective Wallander mystery book. This book is cleverly made up of 5 small crime stories, which defined Kurt Wallander as we know him now. These 5 different cases were catalysts for decisions which Kurt Wallander made, how he was shaped as a detective and how he goes on to allow his career to consume him and sometimes alienate those around him. One of the crucial stories is set on Christmas Eve. We find Wallander in 1975 still living in Malmø but about to make the career-changing move to Ystad.

The cracks are starting to appear in Wallander and Mona's marriage due to the demanding life as a policeman, we are also aware of the emotional burden Wallander has with not spending all the time he would like to with his daughter Linda. Wallander is on his way home and looking forward to the Christmas period ahead and having time off to spend with his family. But just as he is about to leave a call comes in that an old lady by the name of Elga Hagman has phoned to say a suspicious man is loitering around her shop. Somewhat dismissive and with the conclusion that this call is a lonely lady wanting some Christmas company Wallander's supervisor, Hemberg asks Wallander to check out the situation on his drive home. This sets in motion the realization of the dangers of the job, the intense feeling of fear which has a strange way of keeping detectives going back for more. And decisions that will be forced to the forefront of the path Kurt Wallander must choose to take, as he does on Christmas Eve 1975. A young Wallander opens the door to the shop of Elga Hagman to be greeted by deafening silence, a dead body and a masked man hiding in the shadows, armed and ready to fight for his life. Christmas would change for Wallander and his young family forever.



#### **ARNALDUR INDRIDASON - VOICES**

Arnaldur Indridason has scooped the award for most Christmassy crime story as this case for Inspector Erlendur is based around the discovery of a murdered Father Christmas in a Reykjavik hotel. The Christmas theme is set, we have a glimpse into the busy time of people rushing around, too busy to stop and talk, too stressed to contemplate what is happening around them and too focused on the celebrations ahead to notice the events that have passed. Yet time freezes for a second as Inspector Erlendur enters the confusing crime scene of a frenzied attack. Erlendur is challenged by the owner of the hotel who is desperate to keep this unusual murder in his hotel quiet from his guests who keep on arriving to enjoy the very best of an Icelandic Christmas.

As Erlendur digs deeper into the crime and background of the victim he discovers a murky history, which throws up different leads. But Arnaldur Indridason is a clever man. This book is not just about a crime at Christmas time, it goes deeper and the reader is made aware that for every child enjoying a warm, safe, exciting Christmas there is another, to whom Christmas has no meaning. It is just another day to be mistreated.

Christmas sometimes goes by so fast we miss the people left standing. This is highlighted by the plights in Erlendur's personal life and 'Voices' is for me the pivotal book where we really get inside Erlendur's mindset that makes him the inspector that he is.







Katrín Björk, the Modern Wifestyle modernwifestyle.com

KATRÍN BJÖRK is an Icelandic photographer and blogger who lives in Copenhagen. Her blog, Modern Wifestyle, is like a world of its own where you can look at beautiful images, find recipes and watch her artistic videos where she shows you how to cook and bake in the right way.

She lives in a beautiful and bright apartment in Copenhagen; an apartment, which is often used as her studio as she does almost all her shoots in the living room. She grew up in Akureyri, a town in Iceland where you can enjoy the midnight sun during summer and the dancing Northern Lights during winter. "I was kind of surprised when I learned that not all children lay on their backs in the snow and get bedazzled by the green and purple sky."

The years passed and she stopped laying in the snow to watch the dance of the Northern Lights. "I loved living in Akureyri, but when I became a teenager dreams about exotic adventures far, far away became my go to daydreams. When I started travelling there was no turning back."

## She decided to get to know the world for a whole year and then came back to Akureyri.

"My perspective and ideas about life had completely changed during my year of travel so I only stayed home for a few months before packing my bags again and moving to Denmark where I had never been before.

I studied Photography and Film making in Copenhagen and worked in the Danish film industry for years before moving to New York in 2009 where I finished my studies as a still photographer."

The Danish adventure had begun.

## AN EVERLASTING LOVE FOR FRENCH FRIES

After one year in the Big Apple Katrín moved back to Copenhagen where you can imagine you are in one of H. C. Andersen's adventures.

"I needed time to figure out what to do with my new education and to help me think, I started baking and spending tons of time in the kitchen. It was then my husband, Jens, suggested I started a blog. It wasn't a food blog in the beginning, it was more of a lifestyle blog hence the name, Modern Wifestyle. Over time it has become a food blog, and now 90% of my posts are recipes."

She says she is not into any specific type of kitchen.

"But one thing is certain and that is my everlasting love for French fries."

## ONLY ORIGINAL CONTENT Why this name - Modern Wifestyle?

"It was and it still is very important to me to change people's attitude towards housewives. Being a housewife doesn't mean you are not other things as well. I'm a photographer with a flourishing career and I'm also a housewife. On top of that I'm a good friend and a loving wife. I'm very proud of being all those things. People's view on housewives and their tasks are often negative. There is nothing wrong in ironing the dishtowels or baking cakes for no reason if you both want to and have time for it. So hopefully my blog can support all the housewives out there, because taking good care of your family is a deed indeed.

My blog is basically my portfolio or showroom and people can browse around and see what I

am capable of. Almost all my photography gigs are because of my blog so I'm super thankful that I didn't give up when times have been tough.

Building up a blog is a lot of work, especially a blog like mine where all the content is original. Now, after three years I am still putting in tons of hours into my site, constantly trying to make it better and more appealing for my readers."

#### SHE DOES IT ALL

She thinks about every detail. Her pictures as well as the videos - are like works of art. "Photographing food requires special technique and it definitely requires an eye for details. I do it all - I develop my own recipes, I cook, I style and I photograph. It's a very time consuming process but I wouldn't want it to be any other way. I'm very precise when I work and I almost never crop my images after I shoot them. Every bean, berry and leaf is exactly where I want it. I really enjoy the process of styling and making an image. I can

It is quite hard to explain how I work and why I place a flower where I place it. Sometimes it just feels right but sometimes it looks right. It's all about patience and practice."

spend hours creating the simplest shot.

## WISHING FOR A BABY UNDER THE CHRISTMAS TREE

#### Christmas is around the corner.

"The holidays are definitely the busiest time on the blog. People get into cozy mode, start baking, make hot toddies and decorate the house. And they come to my blog for inspiration. So I start already in August preparing my holiday posts and recipes.

The holiday posts on my blog are super personal. Christmas is definitely my favorite time of the year and I love creating new traditions with my husband and I can't wait to spend time in the kitchen with my future children. Jens and I are now waiting in excitement to adopt our first child, and we are crossing our fingers that there will be a beautiful South African baby under the tree this Christmas "

Katrín and Jens enjoy spending the Holidays at home. "We listen to classic Christmas music, drink good wine and eat for hours. I like to experiment with the Christmas menu every year – sometimes we have Danish duck, last year we had spice ham with rum rub and this year we are cooking Icelandic lamb. I feel like I have picked out the best traditions of all the countries I call home and I equally celebrate Danish, Icelandic and American holiday traditions.

I kick-start by celebrating American Thanksgiving the last weekend of November and then I spend December baking and eating the cookies. I never feel like having cookies during Christmas itself, then I'm too busy eating."

#### What about the Christmas tree?

"We put it up early in December but then we also take it down before New Year Eve. I like to celebrate the New Year with a clean house and a fresh start."

Maybe a little bundle of joy will be part of the fresh start this time.

Maybe she or he will one day watch the dance of the Northern Lights in Iceland."



# PEPPERMINT CRINKLE COOKIES

#### Makes 30-35 small cookies

Peppermint Crinkle Cookies are the absolute perfect addition to the holiday baking list. They are 'melt in your mouth' kind of cookies, heavy on the chocolate and heavy on the peppermint as well. Brings Christmas to your taste buds for sure.

Peppermint has always been one of my favorite flavors, and don't even mention how excited I get when it is mixed with dark chocolate. That might be my favorite combo in the whole world. This is my very first time to make crinkle cookies, and I have to say that making them crinkle is unbelievably satisfying. Pressing them flat when they are right out of the oven is kind of like popping bubble wrap.

So that is definitely something you should look forward to. And don't forget, homemade goods always make a good present for friends and loved ones.

#### **INGREDIENTS**

2.5 dl (1 cup) flour
1 tsp. baking powder
2 tbsp. unsweetened cocoa powder
200 g (7 ounces) chocolate (60-70%)
30 g (2 tbsp.) butter
2 tbsp. syrup
2 large eggs
1/2 dl (4 tbsp.) sugar
1 tsp. peppermint extract
2 dl (3/4 cup) powdered sugar

#### **DIRECTIONS**

- 1. Combine flour, baking powder and cocoa in a bowl and set aside.
- 2. Chop the chocolate and then melt it along with butter and syrup over water bath.
- 3. Beat eggs and sugar until light and fluffy.
- 4. Add in peppermint extract.
- 5. Mix chocolate mixture into the eggs until combined.
- 6. Gently fold in flour mixture until no streaks appear.
- 7. Let the dough chill in the fridge for 1 hour.
- 8. Place powdered sugar in a large bowl.
- 9. Roll the dough into the sized balls and then drop them into powdered sugar and cover them completely.
- 10. Place the covered balls on parchment lined bake sheet one inch apart. Bake for 12 minutes at  $180^{\circ}\text{C}$  ( $350^{\circ}\text{F}$ ).
- 11. Use a spatula to press the cookies flat when they're out of the oven.
- 12. Store in an airtight container.



# WHITE GLÖGG / MULLED WINE

Glögg, Mulled Wine and Glühwein are just few of the most known names over the hot and Christmas spiced drink that is made all over the world. Traditionally it is made with red wine, but I am giving you my version using white wine, oranges and fresh ginger. A delicious version, and for many, a new look to an old classic.

Hot and spiced wine was first recorded in First Century Rome and has been a popular Christmas beverage all over Europe since the Victorian era.

So I am not bringing anything new to the table here, except my mulled wine is white and a little bit fresher than the heavy red classic. When making white mulled wine it is best to use lighter wines such as Pinot Grigio or Sauvignon Blanc. And just because you are heating the wine doesn't mean you can pick the cheapest one on the shelf, because you can taste bad wine hot or cold, so do yourself a favor and choose something nice. Not everybody likes Glühwein with a shot of liquor, but I really do! It really gives it a kick and I promise your afternoon becomes a whole lot warmer. If Glögg is not your thing, try out my recipe of hot apple cider.

#### **INGREDIENTS**

1l (4 cups) apple juice
2 tbsp. sugar
zest and pulp from one orange
50 g (1,5 oz.) fresh ginger, peeled and cut to small pieces
a handful or two of raisins
1 handful almonds, blanched\*
3 cinnamon sticks
5 star anise
15 whole cloves
25 black pepper corns
1 bottle white wine
1 dl (0,4 cup) light rum

#### **DIRECTIONS**

- 1. Put apple juice, sugar, orange, zest, ginger, raisins, almonds, cinnamon, star anise, cloves and pepper corns into a large pot or sauce pan and bring it to boil.
- 2. Let it simmer for 10-15 minutes to really get the flavor out of the spices.
- 3. Pour in the wine and heat until almost boiling.
- 4. Finally add the rum and serve steaming hot.

#### \*How to blanch almonds:

Blanching simply means removing the skin

- 1. Bring water in a small saucepan to a boil.
- 2. Place raw almonds in the boiling water and let boil for one minute.
- 3. Drain them.
- 4. Use your fingers to gently squeeze the almonds and loosen the skin from them.



### PUMPKIN SPICE LATTE

#### Makes 2 lattes

Homemade Pumpkin Spice Latte is a lot easier to make than one might think – and the best part about making it yourself is that you can totally control the amount of sugar and fat that goes in it, and you can make sure it contains real pumpkin!

Here are some of my other Pumpkin recipes: Pumpkin Thai Soup Pumpkin Whoopie Pies Roasted Pumpkin Seeds Pumpkin Pie Truffles

For those of you that are not familiar with Pumpkin Spice, it is simply a mixture of cinnamon, ginger, nutmeg and sometimes allspice.

#### **INGREDIENTS**

2 tbsp. pumpkin puree\*
1/4 tsp. cinnamon
1/4 tsp. ginger
1/8 tsp. nutmeg
1 tbsp. malt syrup (or brown sugar)
1/4 tsp. vanilla extract
2 dl (1 cup + 5 tbsp.) milk (l use 2%)
2 shots espresso
whipped cream (optional)

#### **DIRECTIONS**

- 1. In a saucepan heat pumpkin puree, spices and sugar until thick and sticky.
- 2. Add in the milk and vanilla while whisking. The mixture should be warm, do not let the it boil.
- 3. If you want your milk to be frothy give it a spin in the blender while it's steaming hot.
- 4. Brew the coffee, top off with pumpkin milk. Add whipped cream on top if you like.

#### \*Pumpkin Puree

- 1. Chop your pumpkin in half and remove the seeds (here is my recipe for Roasted Pumpkin Seeds).-
- 2. Depending on how large your pumpkin is, chop the halves into pieces and place shell side up on a baking trey and bake for 30 minutes in 200°C (400F) preheated oven.
- 3. Now the pumpkin shell should be a lot darker than before, deep dark orange.
- 4. When cool enough to handle you should be able to easily remove the skin from the fruit or scoop the pumpkin out of the shell and toss the skin.
- 5. Process the pumpkin meat and then strain.
- 6. Now you should have a very smooth pumpkin puree, which you can freeze, use for pumpkin pie or other delicious treats.



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